



**LOCATION:** Barrington High School, 616 West Main Street (Lake Cook Road), Barrington, Illinois 60010. Park and enter from Hart Road on the west side of the building.

**FACILITY:** 25 yard indoor pool, 9 lanes for competition with a “buffer” lane and two continuous warm up/cool down lanes, non turbulent lane lines and Colorado electronic timing and display. This pool is deep and considered very fast, and has hosted ILSMA meets including ILSMA State in 2004. BHS HAS BEEN MEASURED IN ALL LANES AS REQUIRED BY THE 2010 USMS RULES FOR TOP TEN AND RECORDS RECOGNITION.

**ELIGIBILITY:** USMS designated age groups 18+ apply. Current registration with a USMS card is required. A photocopy of your USMS card must accompany your entry and wavier. Per USMS/ FINA rules in short course meets, your age as of January 16, 2010 determines your age group for the meet. The ILSMA “Consolidated Entry Card” is to be used for designated events.

**DOWNLOAD YOUR ENTRY AT <http://ilmsa.com/competition/upcoming>** “No Time” entries will be accepted. The 1,000 freestyle is limited to the **first** 81 entrants. The 500 freestyle is limited to the **first** 135 entrants. Deck entries will be accepted for **relays ONLY** until 30 minutes **before** the scheduled start of a session.

**MEET CONDUCT:** 2010 USMS rules govern the conduct of the meet. All events will be timed finals. All events will be swum slowest to fastest with age groups combined. All events will be deck seeded. Participants are limited to 6 events plus relays. Competitors attempting records must notify the starter to assure that 3 timers are available in addition to the electronic timing equipment.

**CHECK-IN, WARM-UP & AWARDS:** All competitors must check-in **30 minutes before the posted time for each session.** During the warm up period, there will be designated sprint lanes for use of the starting blocks. A Winning Team Trophy plus individual and relay event ribbons for 1st through 3rd place will be awarded.

**SESSIONS, TIMES AND ORDER OF EVENTS**

**FRIDAY PM**

DOORS OPEN	WARM UP TIMES	CHECK-IN CLOSES	MEET STARTS
4:45 p.m.	5:00 – 5:55 p.m.	5:30 p.m.	6:00 p.m.

Women	Event	Men
1	1,000 Freestyle Mixed	1

**SATURDAY AM**

DOORS OPEN	WARM UP TIMES	CHECK-IN CLOSES	MEET STARTS
6:45 a.m.	7:00 – 7:55 a.m.	7:30 a.m.	8:00 a.m.

Women	Event	Men
2	100 Butterfly	3
4	50 Breaststroke	5
6	100 IM	7
8	50 Freestyle	9
10	200 Freestyle	11
12	200 MR – Mixed	12
14	100 Backstroke	15
16	50 Butterfly	17
18	100 Breaststroke	19
20	50 Backstroke	21
22	100 Freestyle	23
24	400 FR – Mixed	24

**SATURDAY PM (TIMES BELOW ARE APPROXIMATE)**

12:45 p.m.	1:00 – 1:55 p.m.	1:30 p.m.	2:00 p.m.
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Women	Event	Men
25	500 Freestyle - Mixed	25

**SANCTION #: 210-0015**

**REGISTRATION**

FOR BLAST THE BARRINGTON BLIZZARD

ENTRY FEE AMOUNTS TO BE ENCLOSED:

# Of Individual Events	X \$5.00 =
# of Relay Entries	X \$10.00 =
Swimmer Surcharge	X \$5.00 =
Total Due With Entry	=



**Register Online:**

[https://www.ClubAssistant.com/club/meet\\_information.cfm?c=1393&smid=1952](https://www.ClubAssistant.com/club/meet_information.cfm?c=1393&smid=1952)

**By Snail Mail:** Send signed entry card, check made out to Barrington Area Masters and copy of 2010 USMS card to:

**Bill Bishop**  
**489 Pinewoods Drive**  
**North Barrington, IL 60010**

**ENTRIES MUST BE RECEIVED BY JANUARY 10, 2010**

**QUESTIONS?** Bill Bishop at 847-381-4771. Email: [WmLBishop@aol.com](mailto:WmLBishop@aol.com)