

DANVILLE DUAL PENTATHLON

Sunday, January 31, 2010

Hosted by Danville HS and Danville Y Silver Dolphins

Sanction Number #210-003S

- Time** Warm-up 10:00-10:45 am. **Competition begins 11:00 CST**
- Location** Danville HS 202 E. Fairchild, Danville, IL 61832
- Facility** 6 lane, 25 yard pool / Automatic timing, and back-up watches
Lanes 1-6 will be competition lanes diving well will be the designated warm down area.
No diving in warm down area
If additional warm-up/down time is necessary, we will take requested breaks
- Eligibility** **Must be over 18 years of age and a 2010 USMS member NO EXCEPTIONS.**
In accordance with USMS rules, a photocopy of the registration card must be provided with your entry and when you check-in for the meet
- Meet Conduct** 2010 USMS Rules will govern conduct of this meet.
Our facility has been measured in all competition lanes as required by 2010 USMS rules for TOP TEN and records recognition.
- Meet Referee** Kelly Strader
- Entry Fees** Flat Fee of \$20.00, Maximum 5 events
- Seeding** Heats will run slowest to fastest regardless of age or sex. Heat sheets will be posted around the deck. Swimmers without seed times may be placed in the slowest heats
- Co-Meet Director** Nadine KM Day 217-304-3395, e-mail: NDAY@usms.org
Jana Drennan
CHECK PAYABLE TO: Danville HS Girl's Swimming
Individual entries and fees must be post marked by January 25, 2010
Send to **Nadine KM Day-Co-Meet Director**
3162 N Vermilion
Danville, IL 61832

ILMSA consolidated entry form must be used to enter the meet.

Consolidated entry link: <http://ilmsa.com/files/meets/ConsolidatedEntryCard.pdf>

If 2010 USMS membership is required, go to the <http://ilmsa.com/membership/forms> membership section
Order of Events

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|---------------|--------------|
| 1. 100 Fly | 8. 50 Breast |
| 2. 50 Fly | 9. 25 Breast |
| 3. 25 Fly | 10. 100 Free |
| 4. 100 Back | 11. 50 Free |
| 5. 50 Back | 12. 25 Free |
| 6. 25 Back | 13. 100 IM |
| 7. 100 Breast | 14. 200 IM |

Directions to Danville HS from I-74

Coming from the East (INDIANA)-take I-74, exit 15A-B follow 15B Gilbert Route 1 NORTH (2.3 miles), turn right (east) on Williams then turn left (north) on Jackson St. Cross over railroad tracks. Danville HS will be on your right, parking lot on the left. Pool entrance at clock tower.

Coming from the West (I-57 or Champaign)-take I-74, exit 210-Route 150 (martin Luther King head east (4.2 miles) turn left (north) on Gilbert Route US 136, IL1 (0.9 miles) turn right (east) on Williams then turn left (north) on Jackson St. Cross over railroad tracks, Danville HS on right

FYI: Fairchild is north of the school and Jackson Street in ONE WAY NORTH, parking is on Jackson Street