





# ILMSA 2011 State Championships

## April 7-10, 2011



The Illinois Masters State Championship meet is sanctioned by ILMSA for USMS, Sanction # 211-012S. All USMS and ILMSA swimming rules apply.

**Seeding** All events 200 yards and shorter will be pre-seeded. Swimmers who enter the 400IM, 500Free and 1650Free must positively declare their intent to swim for those events. Swimmers who do not check in for those events by the published deadlines will be scratched from the event. The 400IM, 500Fr and 1650 Free will be swum mixed gender and seeded slowest to fastest by entry time. For all other events seeding is from slowest to fastest by entry time for each gender and events will alternate men then women.

**Check In** Swimmers may check in online or at the meet. On-site and online check in will open April 7, 2011 2:00p, check in will close according to the following schedule:

Event/Date	Opens	Closes	Session Start
1650 Freestyle Session 1 (Thursday April 7, 2011)	April 7, 2011 2pm	April 7, 2011 6:00pm	April 7, 2011 6:30p
1650 Freestyle Session 2 (Friday April 8, 2011)	April 7, 2011 2pm	April 8, 2011, 3:30pm	April 8, 2011 4:45p
1650 Freestyle Session 3 (Friday April 8, 2011)	April 7, 2011 2pm	April 8, 2011 6pm	April 8, 2011 No earlier than 6:45p
500 Freestyle (Saturday April 9, 2011)	April 7, 2011 2pm	April 9, 2011 2pm	April 9, 2011 After event 19/20
400IM (Sunday April 10, 2011)	April 7, 2011 2pm	April 10, 2011 7:00am	April 10, 2011 7:30a

**Warm Up** The competition pool will be open on April 7 from 5:45pm to 6:30pm, April 8 from 4:00p-4:45pm and again for 30 minutes no earlier than 6:45pm. April 9 the pool will be open from 7:00am- 7:50am, and April 10 7:00-7:30am. The competition pool will also be open for 30 minutes following the last heat each day for warm up and warm down. There will be continuous warm up and warm down in the diving well adjacent to the competition pool.

**Warm Up Procedures** Swimmers must enter the pool feet first in a cautious and controlled manner. No diving or backstroke starts will be allowed, except in designated sprint lanes. One or two lanes shall be designated as one-way sprint lanes during the pre-meet warm-up sessions in the competition pools only. Any swimmer who acts in an unsporting or unsafe manner within the swimming venue may be considered for appropriate action or penalty by the referee (rule 102.15.3). Pull-buoys, kick boards, fins and hand paddles are not allowed in competition or warm-up pools.

**Scoring** Individual events: 9, 7, 6, 5, 4, 3, 2, 1  
Relays: 18, 14, 12, 10, 8, 6, 4, 2

**Awards** *Individual:* Medals 1-3, Ribbons 4-8  
*Relay: Ribbons:* 1-3  
*High Point Award:* One male and female in each age group  
*Team Trophy:* Trophies 1-8



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### Thursday/Friday Events

Men Event Number	Event	Women Event Number
1	1650 Freestyle	2

### Saturday Events

Men Event Number	Event	Women Event Number
3	100 Freestyle	4
5	50 Fly	6
7	200 Breaststroke	8
9/10	200 Mixed Medley Relay	
11	200 Individual Medley	12
13	100 Backstroke	14
15	50 Breaststroke	16
17	200 Butterfly	18
19	200 Freestyle Relay	20
21	500 Freestyle	22

### Sunday Events

Men Event Number	Event	Women Event Number
23	400 Individual Medley	24
25	100 Breaststroke	26
27	50 Backstroke	28
29	200 Freestyle	30
31/32	200 Mixed Medley Relay	
33	100 Butterfly	34
35	50 Freestyle	36
37	200 Backstroke	38
39	100 Individual Medley	40
41	200 Medley Relay	42



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## **State Hotel Information:**

### HOTEL INDIGO

450 N Milwaukee Ave

Vernon Hills, IL 60061

(847)918-1400 ask for IL Masters State Swim Meet

Rate: \$89 + 11% tax Hot Breakfast included with room

Discounted rates available-Thurs, April 7-Sat, April 9, 2011. Reservations must be received by March 24, 2011.

Rooms are King suites with sleeper sofas. Breakfast begins at 6:00 AM

Location: 0.60 miles from the pool

### DOUBLE TREE HOTEL LIBERTYVILLE-MUNDELEIN

510 East Route 83

Mundelein, IL 60060

847-949-5100 ask for IL Masters State Swim Meet

Rate: \$89 + 11% tax

Discounted rates available-Fri, April 8-Sat, April 9, 2011. Reservations must be received by March 25, 2011.

Rooms available with king or double beds. Breakfast begins at 6:00 AM at the restaurant. A Hot Buffet is available for \$14.99 or a full menu is also available. Breakfast is not included in the room rate.

Location: 2.5 miles from the pool

### HOLIDAY INN EXPRESS

975 N Lakeview Parkway

Vernon Hills, IL 60061

(847)367-8031 ask for IL Masters State Swim Meet

Rate: \$85 + 11% tax

Discounted rates available-Fri, April 8-Sat, April 9, 2011. Reservations must be received by March 25, 2011.

Rooms available with king or double beds. A Hot Buffet is available beginning at 6:00 AM and is included in the room rate.

Location: 1.3 miles from the pool