

**The 13<sup>th</sup> Annual Sink or Swim Classic**  
**8:30 AM, Sunday, November 3, 2019**  
**Hosted by Libertyville Masters at Illinois' newest competition pool**  
**Sanctioned by ILMSA for USMS, Inc. # 219-S014**

**TIME:** Doors open: 7:15 am. Warm up: 7:30 am- 8:25 am with designated start/sprint lanes. **Positive check in required before 8:00am.** Meet starts: 8:30 am. Continuous warm up and warm down will be available in 8 lane, East pool throughout the competition. This is a Short Course Yards meet.

**LOCATION:** **Libertyville High School**, Libertyville Aquatic Center, 708 W Park Ave, Libertyville, IL 60048. Parking is available in the West lot near the pool entrance. Use the new entrance west of the traffic light entry into the school on IL Rt. 176. The Aquatic Center is the closest campus building to Rt. 176. Additional parking is available east of the pool.

**FACILITY:** *Brand new 50 meter indoor pool!* Illinois' newest and fastest pool features an 8 lane "all deep" competition pool. 7 feet at the blocks to 6'7" at the bulkhead. This pool opened in August and features non-turbulent zero depth gutters, non-turbulent lane lines and the latest in pool design. *The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and Records will be contingent on verification of bulkhead placement.*

**ELIGIBILITY:** Must be over 18 years of age and a current USMS member. In accordance with USMS rules, verification of membership registration must be provided with your entry, either copy of membership card or verified through online registration. To register with USMS go to: <https://www.usms.org/reg/register.php>. Per USMS/FINA rules your age as of the meet date determines your age group for the meet.

**ENTRY OPTIONS:** A per swimmer entry fee of \$10 plus \$5 per individual events. Relays are \$10 and will be entered at the meet. Online entries: [https://www.clubassistant.com/club/meet\\_information.cfm?c=1668&smid=12487](https://www.clubassistant.com/club/meet_information.cfm?c=1668&smid=12487) "No Time" entries will be accepted. The 400IM and 500 Free will be limited to the first 24 entries. Deck entries will be accepted until 8:00 AM and must include a printed copy of your USMS Card and the ILMSA "Consolidated Meet Entry Form and Consolidated Waiver" available here: <http://ilmsa.com/files/ConsolidatedEntryAndWaiver.pdf>

**MEET CONDUCT:** 2019 USMS rules govern the conduct of the meet. All events will be timed finals with touch pads. Official times set at this meet will be eligible for ILMSA Records, USMS Top Ten, USMS National Records, and FINA World Records, except times recorded only using manual backup timing are ineligible for FINA World Records. All events will be swum slowest to fastest with sexes and age groups combined. All events will be deck seeded. Participants are limited to 5 events and 2 relays. Competitors attempting records must notify the starter to insure that three timers are available in addition to the electronic timing equipment. Ribbons will be awarded for all events for 1<sup>st</sup> through 3<sup>rd</sup> place.

**Order of Events**

1	500 Free
2	200 IM
3	50 Free
4	100 Breast
5	100 Back
6	200 Mixed MR
	<i>10 Minute Break</i>
7	50 Breast
8	200 Fly
9	100 Free
10	50 Fly
11	100 IM
12	200 Mixed FR
	<i>10 Minute Break</i>
13	200 Breast
14	200 Back
15	100 Fly
16	50 Back
17	200 Free
18	400 IM

Meet Director: Laurel Liberty Whittington (coachlaurel@swimlfsc.org)  
 Head Official: Marilyn Wieland (mtwieland@aol.com)