

St Charles Masters – Super Bowl Swim Meet

Norris Recreation Center - St. Charles East High School

Sunday February 5, 2012

Sanction by St Charles Masters for USMS, Inc Sanction #212-004

Hosted by St Charles East HS 94 - 99 State Champion Girls Swim Team

TIME: Warm-up: 7:00 - 8:00am 500/400 IM Competition begins at 8:00am. The other events will begin no earlier than 9:00am. 2011/2012 USMS rules will govern the conduct of the meet.

LOCATION: Norris Recreation Center @ St Charles East High School 1050 Dunham Rd, St Charles, IL. 60174.
2 blocks north of Rt 64 on Dunham Rd.

ELIGIBILITY: Must be over 18 years of age and a 2011 USMS member. **In accordance with USMS rules, a photocopy of the registration card must be provided with your entry.** Swimmers should have their card available at the meet.

FACILITY: 50m six lane pool divided into 2 - 25yd pools (competition in the deep end and warm-up, warm down in the shallow end) with anti-turbulent lane lines. The pool is equipped with a Daktronics automatic timing system and watches. Our facility will not be measured so swims will not be eligible for Top 10. Ample parking is available

ENTRY LIMIT: 5 events plus relays. 500/400 IM will be run in both pools. *We will NOT accept deck entries after 8:00 am! NO DECK ENTRIES FOR THE 500 FREE will be accepted. We will ONLY pre-seed the 500 Free and 400IM. All other events will be seeded during the 500 Free and 400IM. We will pass out Heat Sheets prior to the start of these events. This is being done in an effort to prevent significant delays in having deck entries entered into the computer, and therefore scoring the events, which has ultimately caused the meet to run longer.* We will minimize the use of the shallow end to allow for warm-up and warm-down. The shallow end will only have watch times.

FEES: \$4.00 per individual event (\$5.00 deck entry with "No Time"). \$5.00 per relay entry.
If you want a paper copy of the Results add \$1.00 to the total (results will be posted on the Internet).
Make checks payable to: **St Charles East Girls High School Swimming & Diving.**

ADVANCED ENTRY: The ILSMA CONSOLIDATED ENTRY FORM MUST BE USED TO ENTER THE MEET. Go to www.ilsma.com competition section where the consolidated entry form can be found. Send your individual entries including fees and a copy of your 2011 USMS card **NO later than Friday January 20, 2012** to:

Paul Olney
3205 Fox Hunt Lane
St. Charles, IL 60174

Deck entries will be taken until 8:00am *SHARP* the day of the meet (have money and USMS card available). *Please see note above on new deck entry process.* Relay entries will be accepted until 9:30am, the day of the meet.

SEEDING: Heats will be run slowest to fastest, regardless of age or sex.
Relays in 10 year age increments.

AWARDS: Individual and relay ribbons for 1st, 2nd & 3rd places.
Trophies will be awarded for the 1st, 2nd & 3rd place teams.

MEET REFEREE: **Bill Shanel**

MEET DIRECTOR: **Paul Olney**
(630) 587-0414 evenings
(847) 226-9499 days
E-mail: prolney@sbcglobal.net

Events:		Event # Women	Event # Men
8:00am	500 Free - Mix	1	
	400 IM - Mix	2	
9:00am	100 IM	3	4
	100 Fly	5	6
	50 Breast	7	8
	200 Medley Relay	9	10
	100 Free	11	12
	50 Back	13	14
	200 Mix Free Relay	15	
	100 Breast	17	18
	50 Free	19	20
	200 Free Relay	21	22
	100 Back	23	24
	50 Fly	25	26
	200 Free	27	28
	200 Mix Medley Relay	29	
	200 I.M. - Mix	31	