



**3rd Annual Urbana Short Course Meters Meet
Sunday, October 9, 2016**

Sanctioned by ILMSA for USMS, Inc. _____

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TIME: Doors open at 7:45 a.m. Warm up will be from 8:00 a.m. – 8:50 a.m., meet starts at 9:00 a.m. with no more than three (3) heats the 1500 meter event to swim first. Remaining events will start no earlier than 10:30 a.m. Continuous warm up and warm down will be available throughout the meet.

LOCATION: Urbana Indoor Aquatic Center, 102 E. Michigan, Urbana, IL 61801. Website: <http://www.urbanaparks.org/facilities/urbana-indoor-aquatic-center>.

FACILITY: 25 meter indoor pool, 6 lanes for competition with a continuous warm up/warm down area. This pool has been used to host high school and age group meets and is a deep water pool in the direction of the 25 meter lanes. *The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.* Ample free parking is available; locker room space is limited.

ELIGIBILITY: USMS REGISTRATION REQUIRED. Per USMS/FINA rules in short course meters meets your age as of December 31, 2016 determines your age group for the meet. ON SEPTEMBER 1, 2016 USMS OFFERS A REDUCED 2016 MEMBERSHIP FEE FOR PART YEAR MEMBERSHIPS. To register with USMS go to: <https://www.usms.org/reg/register.php>.

ENTRY OPTIONS : ENTRY FEE \$35.00 Flat Fee. ON-LINE ENTRY PREFERRED. To enter on-line go to: https://www.clubassistant.com/club/meet_information.cfm?c=2220&smid=8115 OR, by mail using the ILMSA “Consolidated Entry Card” found at: <http://www.ilmsa.com/> under the competition tab. Make checks payable to Davis and Delanois, PC and mail signed entry card and waiver, check and copy of 2016 USMS card to: Barbara Delanois, PO Box 344, Danville, IL 61832. “No Time” entries will be accepted. The 1500 Free, 400 IM, and 400 Free, will be limited to the first 18 swimmers registered. NO LATE EMAIL OR DECK ENTRIES WILL BE ACCEPTED. **ENTRY DEADLINE: Wednesday, October 5, 2016.**

MEET CONDUCT: 2016 USMS rules govern the conduct of the meet. All events will be hand-timed finals. Electronic timing equipment may be available. All events will be swum slowest to fastest. Participants are limited to 4 events. Competitors attempting records must notify the starter to assure that 3 timers are available for that individual’s race.

ORDER OF EVENTS:

1	1500 Free
2	400 IM
3	50 Free
4	100 Fly
5	100 Back
6	200 IM
7	800 FR Relay-Mixed
10 Minute Break	
8	400 FR Relay Same Gender
9	50 Breast
10	200 Fly
11	100 Free

12	50 Fly
13	100 IM
14	800 FR Relay Same Gender
10 Minute Break	
15	400 FR Relay-Mixed
16	200 Breast
17	200 Back
18	400 Free
19	50 Back
20	200 Free
21	100 Breast
22	400 Medley Relay-Mixed

MEET CO-DIRECTORS: Howie Schein: hschein@illinois.edu - Barbara Delanois: bdelanois@gmail.com

HEAD OFFICIAL: Rome Yount

